

Elderly Nutrition Program July 2024



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Pulled Pork	Chicken Fried Steak	Tuna Salad	*****	Waffles
On Bun	Mashed Potatoes	On Croissant	** * * *	Toppings: Syrup or
Baked Beans	Gravy	w/Slice Tomato &	Uknay	Strawberries
Pickle Spear	Fried Squash	Lettuce	I LEO MAPPY	Bacon
Cookie	Salad Bar/Roll	Chips	4th of July	Hashbrown Bar
	Poke Cake	Pineapple Chunks & CC	HOLIDAY	OJ/Milk
8	9	10	11	12
Kraut & Franks		Chef Salad	Brisket	Chicken Alfredo
Red Skin Potatoes	1		Potato Salad	Blend
	Holiday	Pineapple Upside Down	Baked Beans	Salad Bar
Bread		Cake	Bread	Garlic Bread
Cobbler			Pudding	Strawberry Short Cake
15	16	17	18	19
Smokies	Walking Taco	Rueben Sandwich	Beans and Ham	
Mac & Cheese	w/Fixing	With Kraut	Rice	Cook's Choice
Vegetable		Sweet Potato Fries	Spinach	
Bread			Cornbread	
Ice Cream Bar	Crisp	Cookie	Birthday Cake	
22	23	24	25	26
Salisbury Steak	Fried Chicken Breast	Baked Potato	Catfish	Patty Melt
Mashed Potatoes	Au Gratin Potatoes	w/fixing	Cole Slaw	w/grilled peppers & onions
Gravy	Vegetable	Soup	Hushpuppies	on Texas Toast
Vegetable	Salad Bar	Salad Bar		Steak Fries
Orange Cake	Pie	Peaches & Crème Parfait	Pudding	Dump Cake
29	30	31		* in life or
Chili Dog	Goulash	Chicken Strips		
Chips	Corn	Mashed Potatoes	*	THE STATE OF THE S
Pork & Beans	Salad Bar	Gravy		
Brownie	Garlic Bread	Carrots		
	Caramel Apple Crisp	Jell-O w/fruit	Happy / /uly 4th!	
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