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July '24

## July Training Schedule

For help with navigation to [cecpd/okregistry](http://cecpd/okregistry) call 405-799-6383

[www.okregistry.org/cecpd](http://www.okregistry.org/cecpd)

Check out CECPD's Online Training Opportunities @ the website listed above

ELG's-Nutrition-Social & Emotional Education-Trauma Responsive Environments and more.....

### OKC Area Trainings

**Rainbow Fleet CCRR-405-521-1426 or [www.rainbow](http://www.rainbow)**

The 3rd Saturday of each Month-Pediatric CPR & First Aid-OKC,OK-9am-5pm-\$70-Call 405-521-1426

Saturday July 13, 2024--OKC Metro THRIVE Network-OKC,OK-9:00am-1:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Thursday, July 18, 2024-Safe Sleep-OKC,OK-12:00pm-2:00pm-\$20-Reg. @ [cecpd.org](http://cecpd.org)

Tuesday, July 23, 2024-The Wonder of Lights/Shadows-Noble,OK-12:00-2:00pm-\$20-Reg. @ [cecpd.org](http://cecpd.org)

### Pediatric CPR - First Aid-AED

Pediatric CPR-First Aid-AED-July 2024 (Dates-13-19-20th-OKC,OK- 9:00am-1:00pm)-\$65-Reg. @[cecpd.org](http://cecpd.org)

Pediatric CPR-First Aid-AED-July 2024 (Dates-9-27th-Norman,OK-6-10pm/9am-1pm)-\$65-Reg. @ [cecpd.org](http://cecpd.org)

Pediatric CPR-First Aid-AED-July 27, 2024-MWC,OK-9:00am-1:00pm-\$65-Reg. @ [cecpd.org](http://cecpd.org)

### Othe Child Development Trainings in the OKC Area

Monday/Tuesday,July 8/9/10/11th, 2024-Culinary Skills-OKC,OK-9am-3pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Tuesday/Thursday, July 9/11th,2024-Trauma Informed Classroom-OKC,OK-5:00-8:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Saturday, July 13, 2024-Movement Matters-Moore,OK-9:00am-12:00pm-\$10-Reg. @ [cecpd.org](http://cecpd.org)

Saturday,July 27,2024-Safe Sleep-Edmond,OK-9:00am-12:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Tuesday, July 30,2024-Safe Sleep--OKC,OK-6:00pm-9:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Mon./Tues./Wed./Thurs(15-16-17-18th)-Culinary Skills-Ada,OK-9:00am-3:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

### Tulsa Area Tainings

[www.tulsatech.edu](http://www.tulsatech.edu) CDA's(1,2,3)-Planning & Routines-Behavior etc. Contact: Teresa Berg @ 918-828-5414

July 2024 Trainings:Autism & Positive Behavior Supports-CDA 3: Competency 2

PLEASE TAKE ADVANTAGE OF FORMAL TRAININGS OFFERED BY COMMUNITY SERVICE COUNCIL-FREE-No Cost

[www.csctulsa/ccrc.org](http://www.csctulsa/ccrc.org) Self-Care-Infection Control-Language & Literacy and many more.....

### Pediatric CPR-First Aid-AED

Saturday, June 22, 2024-Pediatric CPR and First Aid-Tulsa,OK-9:00am-1:00pm-\$65-Reg. @ [cecpd.org](http://cecpd.org)

### Other Child Development Trainings in the Tulsa Area

Mon./Wed.,July 8/10/11/22, (2024)-Culinary Skills-Sand Springs,OK-9:00am-3:00pm-Free-Reg.@[cecpd.org](http://cecpd.org)

Saturday,July 13, 2024-Basic Kitchen Skills for CACFP-Tulsa,OK-9:00am-3:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Monday,July 15, 2024-Autism & Positive Behavior Supports-Tulsa,OK-6:30-9:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Wednesday, July 17, 2024-Trees & Me (Bring Outdoors In)-Tulsa,OK-9:00am-4:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Tuesday,July 23, 2024-I Am Moving I Am Learning (Outside)-Tulsa,OK-6:00pm-8:00pm-Free-Reg. @ [cecpd.org](http://cecpd.org)

Saturday, July 27, 2024-Blueprint for Success-Tulsa,OK-9:00am-12:00pm-\$60-Reg. @ [cecpd.org](http://cecpd.org)

Saturday, July 27, 2024-Effective Strategies for Challenging Behaviors-10:00am-1:00pm-\$10-Reg. @ [cecpd.org](http://cecpd.org)

### Pediatric CPR - First Aid-AED Offering In Person Classroom & Blended Learning (Online & Hands-On)

All Trainings in Yellow held inside Muscogee Nation Complex-Child Development Building-Okmulgee, OK

Applebaum Live-Online Trainings- [infoaiseminars.org](http://infoaiseminars.org) [zerotothree.org](http://zerotothree.org)/[seca.info.org](http://seca.info.org)/[carecourses.com](http://carecourses.com)

Building a Sound Business Strategy-McCormick Center for Early Childhood-847-947-5468-Jane Humpphries

Safeguard Classes Online-Preschool Fitness,etc.-Contact Tenlee Bell-800-346-4915 or [safeguardclassesonline.org](http://safeguardclassesonline.org)

Please Review the Attached (12) Documents/Resources

MVTO (Muh Doe) Thank You

MN-Tribal Complex and (7) MN-Child Development Centers will be closed on July 4th and 9th,2024

## Training(s) for the Month

Title: **Trauma Informed Classroom**

Where: **OKC, OK**

When: Tuesday, July 9, 2024-Thursday, July 11, 2024 (2-Sessions)

Time: 5:00-9:00pm

Cost=**Free**

To Register: Register @ [cecpd.org](http://cecpd.org)

Title: **Guiding Co-Teachers (Leadership)**

Where: **WEB**

When: Tuesday, July 9, 2024

Time: 6:30-7:30pm

Cost=**\$12:00**

To Register: Register @ [cecpd.org](http://cecpd.org)

Title: **Meeting the Challenge: Effective Strategies for Dealing with Challenging Behavior in School Age Children**

Where: **Tulsa, OK**

When: Saturday, July 27, 2024

Time: 10:00am-1:00pm

Cost: **Free**

To Register: Register @ [cecpd.org](http://cecpd.org)



# Health & Wellness

**What:** Mental Wellness Through Awareness

**Occasion:** Professional Development and Executive Coaching

**When:** August 3, 2024

August 24, 2024

**Where:** Green Country Technology Center-1100 OK-56 Loop-Okmulgee, OK

**Time:** 9:00am-2:30pm-Repetitive Sessions-Register for One Date (Only)

4.00 Formal Credit Hours Received!

**Lunch is Provided!** Seating Available to the First 100 (Pre-Register)

Sponsored by Muscogee Nation-Office of Child Care

Call Laci to register @ 918-732-7668 or Tammy-918-732-7670

Email [llegrand@muscogeenation.com](mailto:llegrand@muscogeenation.com) or [tlewis@muscogeenation.com](mailto:tlewis@muscogeenation.com)



**July Training Dates/Topics:**  
**July 8, 2024-Emergency Preparedness**  
**July 10, 2024-Infection Control**  
**July 15, 2024-Sugar Shock**

**July Training Dates/Topics:**  
**July 17, 2024-Temper Tantrums**  
**July 22, 2024-Loose Parts Play**  
**All Training Times (6:30-8:30pm)**

**To Register for the Trainings Listed Above:**  
**Contact Joyce Reynolds @**  
**[jrey7016@gmail.com](mailto:jrey7016@gmail.com)/918-857-6588**

**Training Cost = 0.00 (Free)**



**\*\*IMPORTANT TRAINING UPDATE!\*\***

**To receive credit for trainings:**

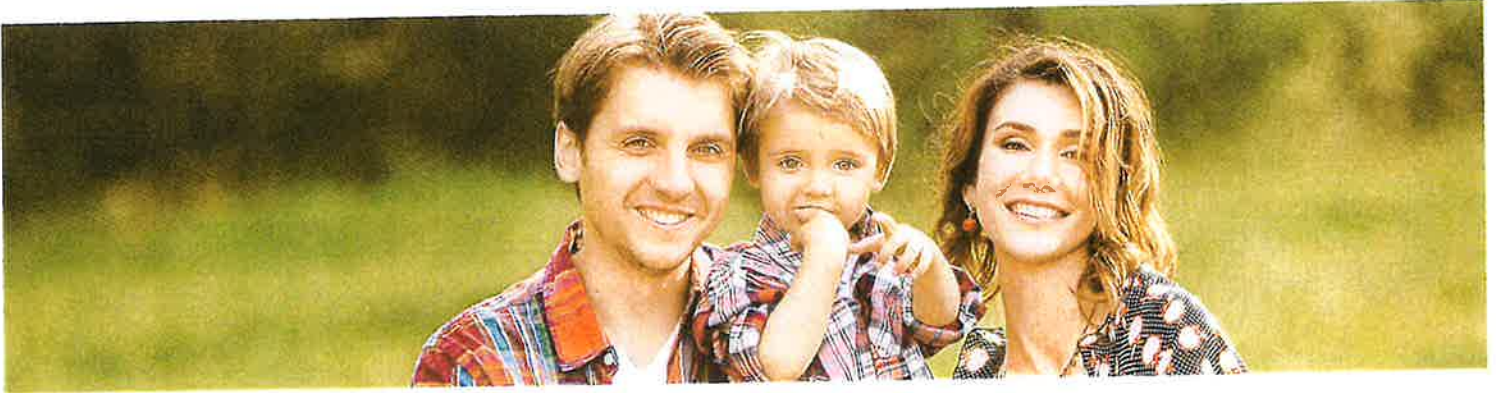
- Active participation is required**
- Each participant must pre-register**
- Each participant must login in on their own device**
- You may not sign-in another participant**
- Your camera must remain on**
- Each trainer will give you specific directions at the start of each class**

**Training Cost = Free**

## Car Seat Checkup Events

Date	Time	Event
May 15	10-12	Cherokee Nation Three Rivers Health Center 1001 South 41 <sup>st</sup> Street East – Muskogee, OK 74403
May 16	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
May 20	9-11	Broken Bow Fire Department 11 North Main – Broken Bow, OK 74728
May 21	10-12	Payne County Health Department 1026 North Linwood Avenue – Cushing, OK 74023
May 23	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037
May 31	10-12	Pawnee Nation Fire & Rescue Department 301 Agency Road – Pawnee, OK 74058
June 1	9:30-11:30	Claremore Indian Hospital 101 South Moore Avenue – Claremore, OK 74017
June 6	10-12	Broken Arrow Fire Department Station 6 3151 North 9th Street – Broken Arrow, OK 74012
June 8	10-12	Bixby Fire Department Station 2 8300 East 121st Street – Bixby, OK 74008
June 14	10-12	Carl Albert Service Center 1001 North Country Club Road – Ada, OK 74820
June 20	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
June 27	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037
July 18	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
July 25	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037

For further resources please call 918-494-SAFE or visit [www.safekidstulsa.com](http://www.safekidstulsa.com)



# Virtual Car Seat Workshop

**Saint Francis -Safe Kids-Virtual Car Seat  
VIRTUAL Car Seat Workshop  
Tuesday, July 23, 2024-10:00-11:00am  
Call 918-494-7233**



This is a virtual car seat workshop for caregivers.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born\* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email [safekidstulsa@saintfrancis.com](mailto:safekidstulsa@saintfrancis.com). Car seats provided by



# Spanish Car Seat Workshop

**Saint Francis -Safe Kids-Virtual Car Seat  
SPANISH Car Seat Workshop  
Tuesday, July 9, 2024-10:00-12:00pm  
Call 918-494-7233**



**\*THIS WORKSHOP IS IN SPANISH ONLY\*** This is a two hour car seat workshop for caregivers given in Español.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born\* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email [safekidstulsa@saintfrancis.com](mailto:safekidstulsa@saintfrancis.com). Car seats provided by Safe Kids Tulsa Area are meant to be used in the vehicle of the legal guardian. We cannot provide car



## HOME-BASED SERVICES\*

Our compassionate family preservation specialists provide home-based services to empower, assist, and nurture families experiencing various challenges and circumstances. We are the place to turn if your family struggles feel overwhelming or too difficult to handle alone.

Through the SafeCare® program, caregivers are equipped with tools, knowledge, and confidence to successfully face the complexities of parenting. Our team is committed to providing services that engage, involve, strengthen, and support your family in the most effective way to ensure children's safety and well-being.

*\*At least 1 child must be between the ages of 0-5 for families to qualify for services.*

## WHAT WE DO

- » Case management
- » Transport clients when needed
- » Utilize the SafeCare® model

## SafeCare® MODULES

- » Parent child/infant interaction
- » Home safety
- » Health

## ADDITIONAL MODULES IF QUALIFIED

- » Healthy relationships
- » Managing child behavior
- » Problem solving

## FIND SERVICES IN THESE COUNTIES

- » Creek
- » Pawnee
- » Mayes
- » Rogers
- » Muskogee
- » Tulsa
- » Okmulgee
- » Wagoner
- » Osage
- » Washington



submit referral  
form email to  
[scereferrals@fcsok.org](mailto:scereferrals@fcsok.org)



CONTACT US:  
918.584.4549  
[fcsok.org](http://fcsok.org)

or visit  
[fcsok.org/safecare-parenting](http://fcsok.org/safecare-parenting) for  
more information and  
our SafeCare® referral form



**QRIS**  
Quality Rating and  
Improvement System

**Quality Care for Every Child**

# THE STARS PROGRAM

## Stars Inquiry Meetings

**Who:** Any owner/director or primary caregiver who wishes to apply for The Stars Program.

**What:** Opportunity to receive information to complete the application and request for certification process.

**When:** 1st Wednesday of every month at 1:00 pm and 3rd Wednesday of every month at 6:00 pm. Allow 60-90 minutes for the meeting.

**Where:** Virtually on Teams – Join by clicking on one of the links below.

**1st Wednesday**  
**1:00 pm**



Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 298 617 455 967

Passcode: TuyW5M

[Download Teams](#) | [Join on the web](#)

**3rd Wednesday**  
**6:00 pm**



Join on your computer, mobile app or room device

[Click here to join the meeting](#)

Meeting ID: 292 348 243 522

Passcode: RiLTrf

[Download Teams](#) | [Join on the web](#)

**Contact Us At: [QRIS@okdhs.org](mailto:QRIS@okdhs.org)**

# GRANDPARENT

## TOOLKIT



Need help caring for your grandchild?  
Have questions about raising them?

Check out the new Grandparent Toolkit at  
[Oklahoma.gov/health/GrandparentToolkit](https://Oklahoma.gov/health/GrandparentToolkit)



Find videos, resources  
and more on:

- Nutrition
- Infant Health & Safety
- School Connectedness
- Adolescent Development
- Mental Health
- Respite Care
- Discipline



Scan or visit the URL  
above for more  
information.



# Carbon Monoxide

If you have questions about carbon monoxide please call us. Don't wait for symptoms to appear. The most common signs of carbon monoxide poisoning are headache, weakness, dizziness, upset stomach, vomiting, chest pain and confusion.

## Do not go back inside until the source of the leak is shut off or repaired



Carbon monoxide is an odorless, colorless gas that can kill you. It can be hard to tell the difference between minor carbon monoxide symptoms and the flu.



Carbon monoxide is found in fumes produced any time you burn fuel in cars, stoves, grills, gas ranges, small engines, and fireplaces.



Carbon monoxide is most often produced by clogged chimneys, space heaters, cracked furnace exchangers, or leaving a car running in the garage, even if the garage door is open.



All homes should have a carbon monoxide detector placed at bed level near sleeping areas. Additional detectors should be put on each floor of the house.



If your detector begins to sound have everyone leave the building. Seek help if anyone has moderate or severe symptoms, history of heart problems or is pregnant.



Carbon monoxide detectors should not be placed within 15 inches of heating or cooking appliances or in a humid area, such as a bathroom.



1-800-222-1222  
OKLAHOMAPOISON.ORG

# 35 WAYS TO PRAISE KIDS

- THAT'S INCREDIBLE • HOW EXTRAORDINARY
- GOOD JOB • GREAT WORK • GOOD EFFORT
- AMAZING • I AM PROUD OF YOU • TERRIFIC
- WAY TO GO • YOU'RE SO SMART • NICE GOING



- YOU GOT THIS • REMARKABLE • GREAT
- KEEP UP THE GOOD WORK • SUPERB
- HAVE FUN • GREAT PROGRESS • BRILLIANT
- BE YOURSELF • GREAT IDEA • WAY TO GO
- I CAN SEE YOU WORKED HARD ON THAT

- I BELIEVE IN YOU • IMPRESSIVE • I LIKE THAT
- VERY CLEVER • HOW CREATIVE • AWESOME
- I'M GLAD YOU'RE HERE • FANTASTIC
- YOU'RE A GREAT LEADER • THUMBS UP



- HOW THOUGHTFUL • NICE JOB



MUSCOGEE (CREEK) NATION  
BEHAVIORAL HEALTH AND SUBSTANCE ABUSE SERVICES  
NCTSI III (Trauma) Grant #63258 918-758-1910