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Aug. '24

August Training Schedule

For help with navigation to cecpd/okregistry call 405-799-6383

www.okregistry.org/cecpd

Check out CECPD's Online Training Opportunities @ the website listed above

ELG's-Nutrition-Social & Emotional Education-Trauma Responsive Environments and more.....

OKC Area Trainings

Rainbow Fleet CCRR-405-521-1426 or www.rainbow

The 3rd Saturday of each Month-Pediatric CPR & First Aid-OKC,OK-9am-5pm-\$70-Call 405-521-1426

Friday, August 23, 2024-Safe Sleep--OKC,OK-12:00-2:00pm-\$20-Reg. @ cecpd.org

Pediatric CPR - First Aid

Pediatric CPR-First Aid-Saturday, August 3/17-OKC,OK- 9:00am-1:00pm-\$65-Reg. @cecpd.org

Pediatric CPR-First Aid-(Spanish)-Fri., August 9, 2024-Stillwater,OK-9:00am-1:00pm-\$75-Reg. @ cecpd.org

Pediatric CPR-First Aid-Saturday, August 24, 2024-Norman,OK-9:00am-1:00pm-\$65-Reg. @ cecpd.org

Pediatric CPR-First Aid-Saturday, August 31, 2024-MWC,OK-9:00am-1:00pm-\$65-Reg. @ cecpd.org

Othe Child Development Trainings in the OKC Area

Thursday, August 1, 2024-Invitation to Play-OKC,OK-6:00-9:00pm-\$10-Reg. @ cecpd.org

Tuesday, August 6, 2024-Safe Sleep for Professionals-~~WEB~~-9:00am-12:00pm-Free-Reg. @ cecpd.org

Tuesday/Wednesday, August 13/14, 2024-Building Relationships w/ Families-Stillwater,OK-9:30am-11:30am
Free-Reg. @ cecpd.org

Tuesday, August 13, 2024--Lesson Planning with ELG's--Moore,OK-5:45-8:45pm-Free-Reg. @ cecpd.org

Tulsa Area Tainings

www.tulsatech.edu CDA's(1,2,3)-Planning & Routines-Behavior etc. Contact: Teresa Berg @ 918-828-5414

PLEASE TAKE ADVANTAGE OF FORMAL TRAININGS OFFERED BY COMMUNITY SERVICE COUNCIL-FREE-No Cost

www.csctulsa/ccrc.org Self-Care-Infection Control-Language & Literacy and many more.....

Pediatric CPR-First Aid

Wednesday, August 14, 2024-Pediatric CPR and First Aid-Tulsa,OK-9:00am-1:00pm-\$65-Reg. @ cecpd.org

Saturday, August 17, 2024-Pediatric CPR and First Aid-Tulsa,OK-9:00am-1:00pm-\$65-Reg. @ cecpd.org

Other Child Development Trainings in the Tulsa Area

Tuesday, August 6, 2024-Quality Practices to Enhance Your Program-Tulsa,OK-5:45-8:45pm-Free-Reg. @ cecpd.org

Thursday, August 8, 2024-Circle Time:Thinking Outside the Box-Tulsa,OK-6:00-8:00pm-Free-Reg. @ cecpd.org

Saturday, August 24, 2024-Lesson Planning with ELG's-11:00am-2:00pm-Free-Reg. @ cecpd.org

Muscogee Creek Nation Area Trainings

Pediatric CPR - First Aid-AED Offering In Person Classroom & Blended Learning (Online & Hands-On)

All Trainings in **Yellow** held inside Muscogee Nation Complex-Child Development Building-Okmulgee, OK

Other Training Opportunities

Applebaum Live-Online Trainings- infoatiseminars.org zerotothree.org/seca.info.org/carecourses.com

[Building a Sound Business Strategy-McCormick Center for Early Childhood-847-947-5468-Jane Humpphries](#)

[Safeguard Classes Online-Preschool Fitness,etc.-Contact Tenlee Bell-800-346-4915 or \[safeguardclassesonline.org\]\(http://safeguardclassesonline.org\)](#)

Please Review the Attached (12) Documents/Resources

MVTO (Muh Doe) Thank You



What: Mental Wellness Through Awareness

Occasion: Professional Development and Executive Coaching

When: August 3, 2024

August 24, 2024

Where: Green Country Technology Center-1100 OK-56 Loop-Okmulgee, OK

Time: 9:00am-2:30pm-Repetitive Sessions-Register for One Date (Only)

4.00 Formal Credit Hours Received!

Lunch is Provided! Seating Available to the First 100 to Register

Sponsored by Muscogee Nation-Office of Child Care

Call Laci to register @ 918-732-7668 or Tammy-918-732-7670

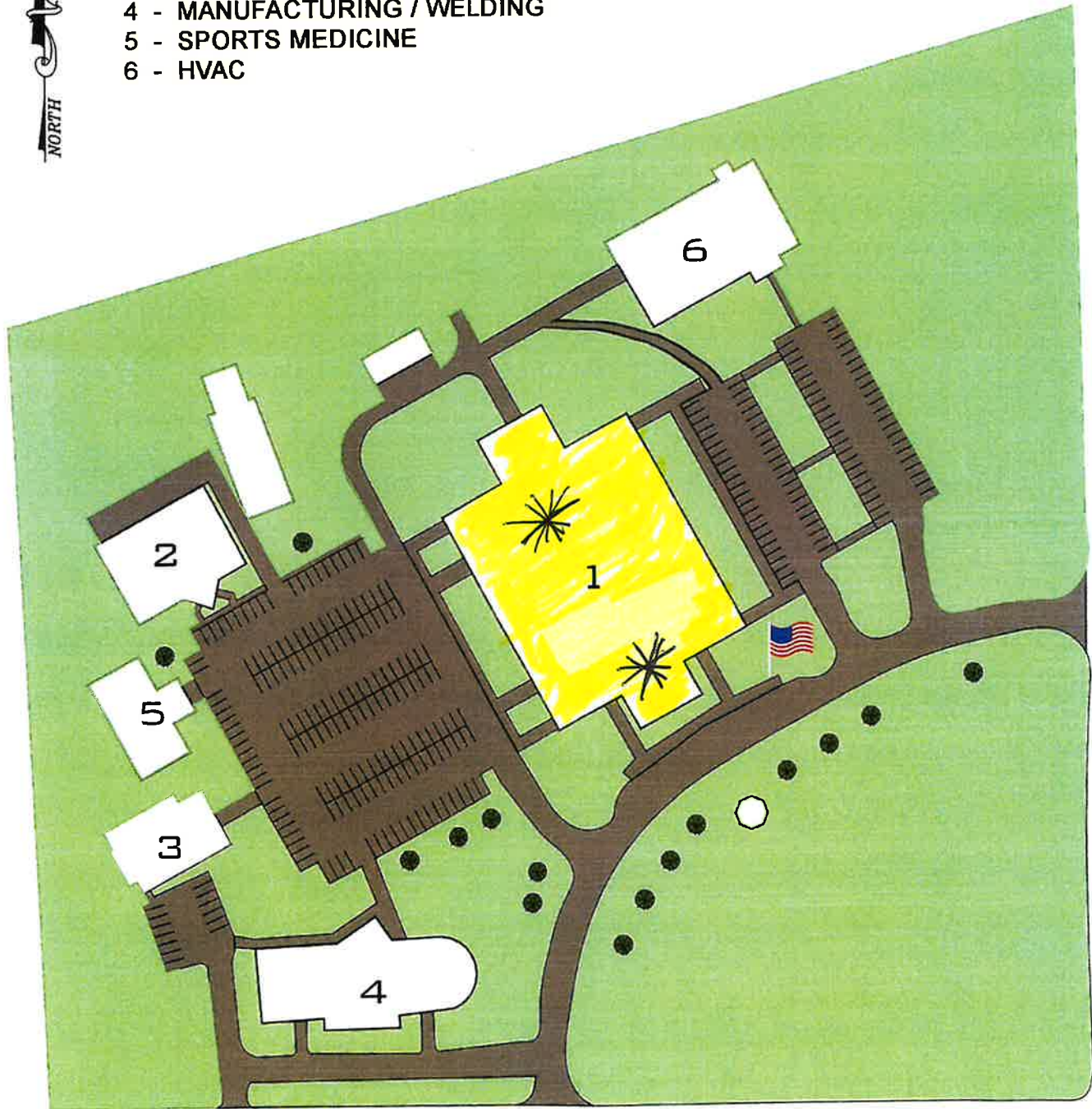
Email llegrand@muscogeenation.com or tlewis@muscogeenation.com

GREEN COUNTRY TECHNOLOGY CENTER
CAMPUS MAP



- 1 - MAIN / ADMINISTRATION
- 2 - PANTER
- 3 - BUSINESS & INDUSTRY
- 4 - MANUFACTURING / WELDING
- 5 - SPORTS MEDICINE
- 6 - HVAC

Event in Building #1
Enter in at the North West End



← KENNEDY STREET →

↑ LOOP 56 ↓

SIGN UP FOR OUR FREE VIRTUAL TRAININGS



August Training Dates/Topics:

8-5-2024-Safe Sleep

8-13-2024-Play Equals Learning

8-14-2024-Medication Administration

8-20-2024-Daily Schedules-Large/Small Groups

August Training Dates/Topics:

8-27-2024-ART is an Experience not a Product

Training Cost = 0.00 (Free)

To Register:

Contact Joyce Reynolds @

jrey7016@gmail.com or 918-857-6588



****IMPORTANT TRAINING UPDATE!****

To receive credit for trainings:

- Active participation is required**
- Each participant must pre-register**
- Each participant must login in on their own device**
- You may not sign-in another participant**
- Your camera must remain on**
- Each trainer will give you specific directions at the start of each class**

Training Cost = Free

All of our webinars are free, are recorded, and include
valuable door prizes in every live session!

Website Address

Early Childhood Investigations/Webinars
webinars@earlychildhoodwebinars.com

2024 webinars at a glance!

[Nurturing Play and Creativity in Young Children Through Everyday Conversation, by Rebecca Rolland, Ed.D.](#)

August 7, 2024

[REGISTER NOW](#)

[A Calm Brain is a Thinking Brain: Designing calm, engaging early learning environments, by Dr. Kathryn Murray](#)

August 8, 2024

[REGISTER NOW](#)

[The Power of Leadership: Transform Yourself to Transform Your Team, by Ben Poswalk](#)

August 14, 2024

[REGISTER NOW](#)

[Getting and Keeping Insurance for Your Early Childhood Program, by Samantha Phillips](#)

August 15, 2024

[REGISTER NOW](#)

[Nurturing Transitions: Supporting Children and Families in the new school year, by Amanda Higgins and Sharon Carlson](#)

September 11, 2024

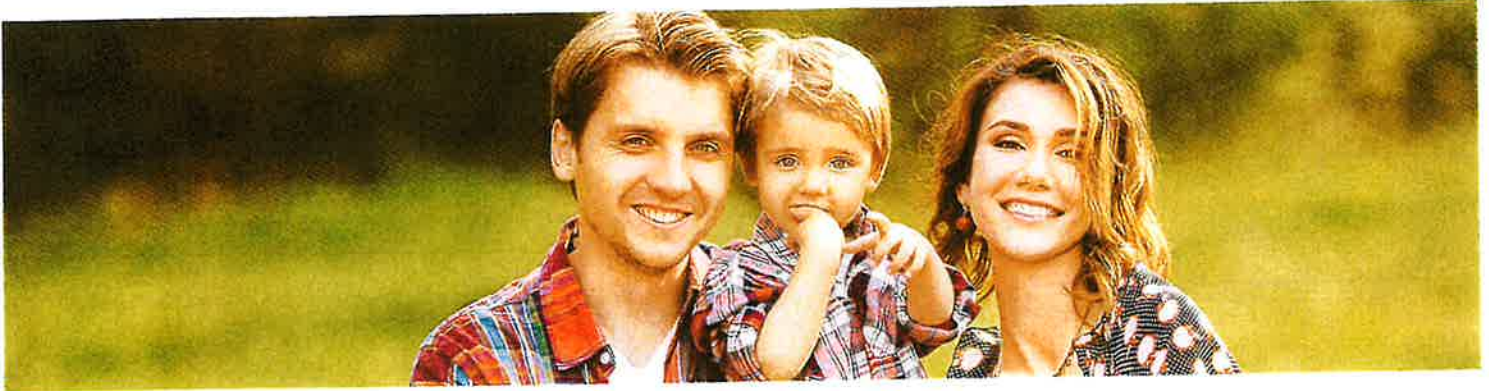
[REGISTER NOW](#)



Car Seat Checkup Events

Date	Time	Event
July 18	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
July 19	11-1	Durant Fire Department 122 North 1st Avenue – Durant, OK 74701
July 25	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037
July 31	10-12	Stillwater Fire Department 1506 South Main Street – Stillwater, OK 74074
August 1	10-12	Broken Arrow Fire Department Station 6 3151 North 9 th Street – Broken Arrow, OK 74012
August 10	10-12	Bixby Fire Department Station 2 8300 East 121 st St – Bixby, OK 74008
August 15	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
August 22	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037
September 5	10-12	Broken Arrow Fire Department Station 6 3151 North 9 th Street – Broken Arrow, OK 74012
September 19	10-12	Tulsa Fire Department Station 22 7303 East 15th Street – Tulsa, OK 74112
September 26	10-12	Jenks Fire Department Station 2 1115 West 121st Street – Jenks, OK 74037
September 28	10-12	Ascension St. John Mary K. Chapman Parking Garage 1819 East 19th Street – Tulsa, OK 74104

For further resources please call 918-494-SAFE or visit www.safekidstulsa.com



Virtual Car Seat Workshop

**Saint Francis -Safe Kids-Virtual Car Seat
VIRTUAL Car Seat Workshop**
Wednesday, August 7, 2024 - 1:00-2:00pm
Tuesday, August 20, 2024 - 10:00-11:00am
Call 918-494-7233



This is a virtual car seat workshop for caregivers.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email safekidstulsa@saintfrancis.com. Car seats provided by



Spanish Car Seat Workshop

Saint Francis -Safe Kids-Virtual Car Seat
SPANISH Car Seat Workshop
No Classes scheduled for August 2024
Call 918-494-7233



THIS WORKSHOP IS IN SPANISH ONLY This is a two hour car seat workshop for caregivers given in Español.

In order to receive a car seat from Safe Kids Tulsa Area, you must be the legal guardian. You will need to bring proof of government assistance (WIC, food stamps, SoonerCare) as well as proof of guardianship if child is born* (birth certificate, vaccine record, insurance card). The cost of each car seat is \$20 (cash only) with a max of one car seat per child and three car seats per family. If you are unsure if you are eligible, please call us at 918-494-7233 or email safekidstulsa@saintfrancis.com. Car seats provided by Safe Kids Tulsa Area are meant to be used in the vehicle of the legal guardian. We cannot provide car

HOME-BASED SERVICES*

Our compassionate family preservation specialists provide home-based services to empower, assist, and nurture families experiencing various challenges and circumstances. We are the place to turn if your family struggles feel overwhelming or too difficult to handle alone.

Through the SafeCare® program, caregivers are equipped with tools, knowledge, and confidence to successfully face the complexities of parenting. Our team is committed to providing services that engage, involve, strengthen, and support your family in the most effective way to ensure children's safety and well-being.

**At least 1 child must be between the ages of 0-5 for families to qualify for services.*

WHAT WE DO

- » Case management
- » Transport clients when needed
- » Utilize the SafeCare® model

SafeCare® MODULES

- » Parent child/infant interaction
- » Home safety
- » Health

ADDITIONAL MODULES IF QUALIFIED

- » Healthy relationships
- » Managing child behavior
- » Problem solving

FIND SERVICES IN THESE COUNTIES

- » Creek
- » Pawnee
- » Mayes
- » Rogers
- » Muskogee
- » Tulsa
- » Okmulgee
- » Wagoner
- » Osage
- » Washington



submit referral
form email to
scereferrals@fcsok.org

CONTACT US:
918.584.4549
fcsok.org



or visit

fcsok.org/safecare-parenting for
more information and
our SafeCare® referral form

SCHOOL AGE LESSON PLANS

Spring is here and that means you probably will have school age kids take over your center for an entire week of fun activities. Not to forget that summer is right around the corner!

Do you have school age lesson plans ready with themes, special events and activities to keep school age children busy?

Here are some things that may help you in your planning:

Focus on play: An increase in physical, emotional, cognitive, and communication skills are some of the benefits we can see through play. Plan for a lot of fun and engaging activities, but also leave room for free play.

Build on social emotional learning: Social emotional skills can help children excel academically, cultivate resilience, and foster healthy relationships. Short rituals, such as a warm welcome or morning meeting can help build relationships. Games, sports, or projects are a great opportunity to build on collaboration skills.

Go outside: What better way to enjoy the spring weather than spending time outdoors? School aged children spend a lot of time indoors doing structured activity during the school year, so spring break gives them a chance to take a break from structure, so they'll come back to the classroom ready to learn.

Use this helpful school age lesson plan template: [CECPD Lesson Plan Template](#)

Need further assistance? Contact your local CCS quality coach: [I'd like coaching](#)



Additional Resources-

- [Psychology Today - The Benefits of Playing Outside](#)

BABYSITTER CHECKLIST

Whenever you leave your child with someone, whether it's a teen-aged sitter or even a grandparent, be safe and sure by having this necessary information in the event of an emergency.

Quick Access to Vital Information

Parents' names: _____

Address of this home: _____

Parents phone number: _____

Nearest major intersection: _____

Family emergency contact: _____

Neighbor emergency contact: _____

Police: _____

Fire: _____

We will be at: _____

We should be home around: _____



CALL US _____

If you have questions about a poisoning call **1-800-222-1222**. Specially trained pharmacists and nurses are available 24/7 to answer your questions or assist you with an emergency.

**OKLAHOMA
POISON
CENTER**

Treatment • Education • Prevention

1-800-222-1222

OKLAHOMAPOISON.ORG



When kids help grow their own produce, they are more likely to eat it! If you can't create a backyard garden, consider getting a regular produce box delivery from a local gardener or take your children on a weekly trip to the farmers' market together. Farm to preschool is a great way to get your kids invested in gardening and healthy eating.



LEARN IT

How does your garden grow?
Every garden must start with a seed, but how does that seed become the plants we can cook and eat in our homes? This is a fantastic opportunity to teach the children in your care what a seed is, examples of seeds, and what those seeds need to become strong, healthy plants that we can harvest.



MAKE IT Garden Printing

Sometimes the best art can be created without a paint brush! Cut various vegetables from your garden such as carrots, peppers, squash, zucchini, eggplant, and potatoes in half so they can be used as a stamper. Make the children a paint pallet with different colors. Ask them to stamp the vegetables in the paint and then they can make their work of art on a large piece of construction paper.



GROW IT

Container Gardening

Not everyone has the space to plant an elaborate garden.

That's okay! You can still have a garden with a container garden. Tires, buckets, large planting pots, or even tubs can all be used as your container. Hanging baskets are great for fruits like strawberries, cherry tomatoes and herbs. Plastic containers will hold in moisture better than a clay or wood container. Fill the container with gardening soil and begin planting. Remember to check plants daily for watering needs and support your fast growing, tall plants with trellises and stakes. Plant ideas for container gardens:

- Beans
- Cucumbers
- Onions
- Tomatoes
- Broccoli
- Eggplants
- Peppers
- Carrots
- Lettuce
- Radishes

EAT IT Garden Stir Fry

- 1/2 cup low sodium chicken broth
- 1/2 tablespoon of corn starch
- 1 teaspoon soy sauce
- 1 tablespoon sesame or olive oil
- 2 tablespoons garlic minced
- 5 cups of your favorite garden vegetables
- 3 1/3 cups diced chicken
- Whole Grain Rice

Mix together the broth, cornstarch and soy sauce and set aside. Add oil to a large pan and sauté the garlic on high heat for one minute. Add the vegetables and cook for eight minutes until tender. Add the soy sauce mixture and reduce heat to medium. Continue cooking until the sauce thickens. Serve over 1/4 cup cooked whole grain rice for each child.

*Lunch Crediting:
10 Servings (1/2 cup)
for ages 3-5 (Vegetable/Meat/Grain)*



PLAY IT Garden Turnover

Divide the children into equal groups, each with a unique vegetable name. Have them sit in chairs forming a large circle, with one child starting the game as the center. When the child in the center calls out one of the vegetable names, those children get up and try to find a new chair as the center tries to steal a seat. The child left standing calls out a new vegetable and the game repeats. If the center child calls out "Garden Turnover!" all the children get up to find a new seat.



SING IT Bingo Was His Name O

There was a farmer who had a dog,
and Bingo was his name O!
B-I-N-G-O, B-I-N-G-O, B-I-N-G-O,
and Bingo was his name O!



READ IT

Growing Vegetable Soup by Lois Elhert

This easy to understand book with bold pictures talks about necessary gardening tools, gardening chores and what happens after harvesting. A recipe for vegetable soup is included! Maybe you can use produce from your own garden to make a batch of soup to share with the children.

CACFP is an indicator of quality child care. This institution is an equal opportunity employer. Learn more @ cacfp.org

