


# Elderly Nutrition Program November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>GOBBLE</b> <i>til you</i> <b>WOBBLE</b> 			1 Hamburger Steak w/grilled onions & peppers Mashed Potatoes Br. Gravy Brussel Sprouts Dump Cake
4 Spaghetti w/Meatsauce Blend Garlic Bread  Cookie	5 Chicken Enchilada Bake Brown Rice Corn Salad Bar Fruit Salad	6 Turkey Dressing & Gravy Sweet Potatoes Salad Roll Pumpkin Pie	7 Beef Tips over Noodles Blackeye Peas Salad Bar Roll Chocolate Pudding w/topping	8 Brisket Baked Beans Broccoli & Cheese  Peaches & CC
11  <i>Holiday</i>	12 Burrito Supreme w/chili Spanish Rice Refried Beans Salad Bar Jell-O w/topping	13 Indian Taco  Peach Crisp	14 Ranch Chicken BLT Crinkle Fries Pea Salad Birthday Cake	15  <i>Cook's Choice</i>
18  <i>Holiday</i>	19 Cheeseburger w/fixing Steak Fries Lemon Bar	20 Pork & Hominy Salad Bar Cornbread/Biscuit Tropical Fruit Salad	21 Baked Chicken Rice Pilaf Blend Bread/Salad Bar Cake	22 Pizza Salad Bar Bread Stick Sherbet Cup
25 Frito Chili Pie w/onions & cheese Fried Okra  Texas Sheet Cake	26 Polish Sausage Cabbage Mac & Cheese Salad Bar Bread Strawberry Short Cake	27 Scrambled Eggs Sausage Gravy Oatmeal/Cereal Biscuit OJ/Milk	28 	29 

\*Milk available upon request

**MENU SUBJECT TO CHANGE**

\*Bread available upon request