



ELDERLY NUTRITION PROGRAM JANUARY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1  Holiday	2 Baked Chicken Rice Pilaf Blend Bread Cake	3 Pork & Hominy Biscuit Tropical fruit
6 Frito Chili Pie With Onions & Cheese Fried Okra Texas Sheet Cake	7 Polish Sausage Cabbage Mac & Cheese Bread/Salad Bar Strawberry Short Cake	8 Roast Mashed Potatoes Br Gravy Vegetable Roll/Salad Bar Banana Pudding	9 Stew Cheese Sticks Cornbread Rosey Applesauce	10 Scrambled Eggs Sausage Gravy Oatmeal/Cereal Biscuit OJ/Milk
13 Open Face Chili Cheese Burger Tots Turnover	14 Chicken Fried Steak Mashed Potatoes Country Gravy Green Beans Cinnamon Apples	15 Bake Chicken Parmesan Butter Noodles Snap Peas Breadstick Jell-O w/fruit	16 Beans & Ham Hock Rice Zucchini & Tomatoes Cornbread/Salad Bar Birthday Cake	17 Cook's Choice
20 Kraut & Wieners Diced Potatoes Vegetable/Bread Pear Slices	21 Chicken & Dumplings Peas & Carrots Salad Bar Roll Pecan Pie	22 Meatloaf Mashed Potatoes Brown Gravy Vegetable/Roll Rice Crispy Treat	23 Catfish Beans Cole Slaw Hushpuppies Apple Crisp	24 Hamburger Steak With Grilled Onions Mashed Potatoes Br Gravy Brussel Sprouts Dump Cake
27 Spaghetti W/Meatsauce Blend Garlic Bread Cookie	28 Chicken Enchilada Bake Rice Pilaf Corn Fruit Salad	29 Pork Chop Baked Potato Blend Roll Cobbler	30 Beef Tips over Noodles Blackeye Peas Salad Bar Roll Chocolate Pudding w/topping	31 Brisket Baked Beans Broccoli & Cheese Salad Bar Peaches & CC

*Bread available upon request

MENU SUBJECT TO CHANGE

*Milk available upon request